

57TH SESSION OF COMMISSION ON POPULATION & DEVELOPMENT

ECONOMIC AND SOCIAL INCLUSION FOR HEALTHY AGEING

A CALL FOR GLOBAL ACTION

01 MAY 2024; 8:30 TO 9:45 AM (EDT, NEW YORK TIME)

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WOMEN'S HEALTH AND EDUCATION CENTER (WHEC)



AGENDA

Topic one: Social & Economic Inclusion for healthy ageing

Topic two: SDGs & Healthy Ageing

Topic three: Healthy Adolescents, Healthy Adults

Topic four: Promoting Healthy Ageing and equity of care

Topic five: Climate change and Population Ageing

Topic six: Digital literacy for Seniors





THE POWER OF COMMUNICATION
AND
LIFELONG EDUCATION, ECONOMIC AND SOCIAL PARTICIPATION

A NEW FRAMEWORK FOR GLOBAL ACTION FOR HEALTHY AGEING IS REQUIRED

1. Ability to meet basic needs;
2. Ability to learn, grow and make decisions;
3. Ability to be mobile;
4. Ability to build and maintain relationships
5. Ability to contribute.





WOMEN'S HEALTH
AND EDUCATION
CENTER (WHEC)
FOCUSES ON THESE
KEY AREAS AND
CROSS CUTTING
ISSUES:

- 1. Combating ageism;
- 2. Enabling autonomy;
- 3. Supporting healthy ageing in all policies and at all levels of government.

As people age, their healthcare needs tend to become more chronic and complex. Health issues are managed in a disconnected and fragmented manor. Our action plan is designed to enhance different domains of abilities and encourages different sectors to encourage functional ability.



IT IS TIME TO REALIZE THAT AGEING AND HEALTH IS A GLOBAL ISSUE.

IT SHOULD BE CONSIDERED AS AN ESSENTIAL COMPONENT OF THE CONTINUING GLOBALIZATION PROCESS THAT IS RESHAPING THE WORLD

A CALL FOR GLOBAL ACTION FOR HEALTHY AGEING



EFFECTIVE DELIVERY TECHNIQUES AND RECOMMENDATIONS

1. Develop and ensure access to services that provide older-person-centered care.
2. Orient systems around intrinsic capacity.
3. Ensure equitable and appropriately trained workforce.
4. Recognizing long-term-care as an important public good.
5. Assigning clear and responsibility for development of a system of long-term-care.
6. Creating equitable and sustainable mechanisms for financing care.
7. Defining the roles of government and developing the services that will be necessary to fulfill them.
8. Enhancing legislation supporting flexible working arrangements or leaves-of-absence for family caregivers.
9. Supporting community initiatives that bring older people together to act as a resource for caregiving and other community-development activities.
10. Creating age-friendly environments.

SEX, SEXUALITY AND AGEING

- The sexual health of older person is often overlooked both in academic discourse and policy responses to rapid population ageing. May be because the subject of sexuality in older people remain largely taboo in many cultures.
- WHEC's Continuing Medical Education (CME) Project and Program include special courses on population ageing and sexual health.
- Investing in healthy ageing can enable individuals to live longer, healthier and happier lives. And for societies to reap the dividends.

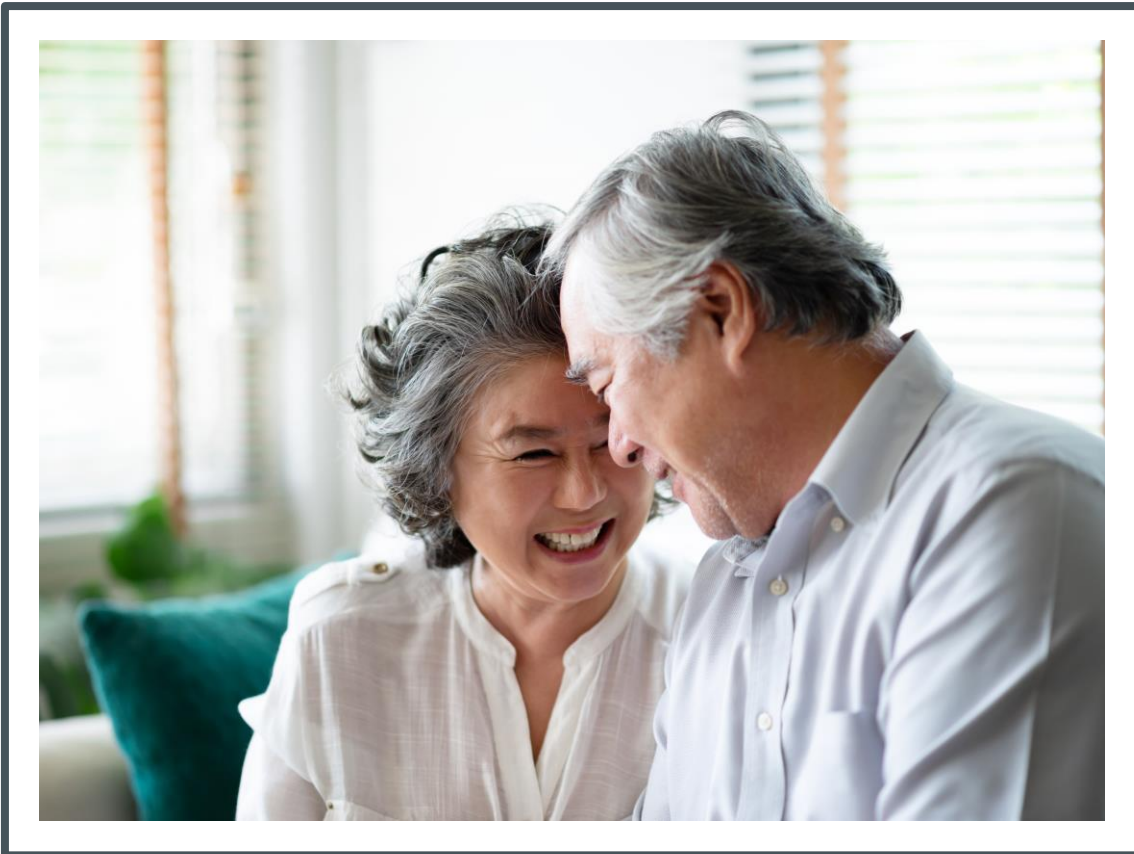




AGEING POPULATION

- In 2019, the number of people aged 60 years and older was 1 billion. This number will increase to 1.4 billion by 2030 and 2.1 billion by 2050.
- In 2020, the number of people aged 60 years and older outnumbered children younger than 5 years.
- In 2050, 80% of the older people will be living in low- and middle-income countries. Between 2015 and 2050, the proportion of the world's population over 60 years will nearly double from 12% to 22%.

FINAL TIPS AND TAKEAWAYS



- The Women's Health and Education Center (WHEC) works to enable voice and meaningful engagement by developing and supporting others to use innovative methodologies for amplifying voices, empowering them to influence and implementation of healthy ageing policies.
- WHEC works to build leadership and capacity by developing learning opportunities, mentorship programs, and other tools that can help create a global community of change agents. Fostering healthy ageing and reducing inequality require effective governance, and leadership across all sectors and at all administrative levels.
- Join the movement!

THANK YOU

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